

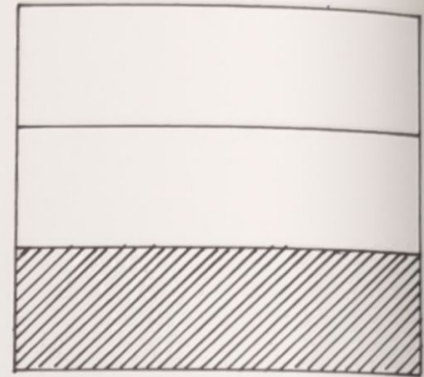
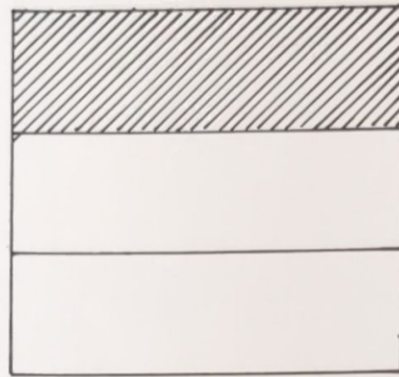
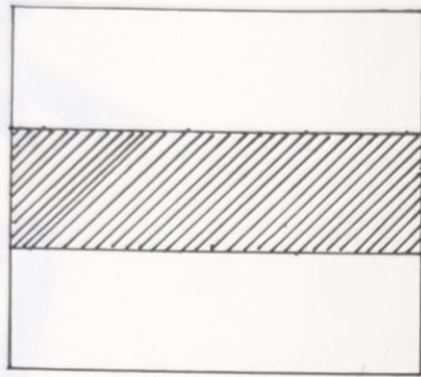
KAMAE

- GARDE DE BASE
- BASIC KAMAE

CIEL : JODAN

HOMME : CHUDAN

TERRE : GEDAN



1



2



5 face

- 1 - Chudan (seigan) no kamae
- 2 - Jodan no kamae
- 3 - Gedan no kamae
- 4 - Hasso no kamae
- 5 - Wakigamae.



3



4



5 profil